



Avoid a CLOG Don't Drain the FOG

What is FOG? "FOG" stands for Fats, Oil and Grease. When these substances make their way down your drain, they will solidify inside the pipe, creating a clog and potentially causing major problems inside your pipes and sewer systems. Over time, these "FOG" caused clogs can completely block a pipe, causing a back up which can lead to:

- Clogged drains and toilets
- Raw sewage backing up into your home and environment
- Expensive clean up, repairs, and replacements
- Unpleasant odors
- Potential health risk

Fats: baked goods, lard, butter, cream-based sauces, dairy, gravy and more

Oils: vegetable oils, salad dressings, margarine, and more

Grease: meat grease, greasy food scraps and more

Do's:

- Pour cooled grease into a container with a lid, like an old jar and throw it in the trash
- Use a paper towel to wipe grease and oil from cookware and bakeware
- Scrape all food scraps into the trash
- Use a strainer in the sink to collect excess food particles
- Encourage your neighbors to do the same

Don'ts:

- Put fats, oil, or grease down the drain
- Rinse food scraps off dishes into the drain
- Pour liquid foods such as dairy products, syrups, batters, gravy, etc. down the drain
- Clean greasy dishes, pans, or fryers with water before wiping the grease off
- Use the garbage disposal to dispose of fats, oils or grease
- Use chemicals to remove grease clogs; they can damage pipes

Myths:

- Using a garbage disposal makes it OK to put fats, oils or grease down the drain (NO it only grinds food before going down the pipes)
- Running hot water will wash fats, oils or grease down the drain (NO it will cool and build up anyway)
- Chasing it down with dish soap. (NO the soap breaking up the grease is only temporary and the grease will solidify again)

